



Learning Management of Female Students with Dual Roles at State Islamic University

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Abstract: This article aims to reveal learning management for State Islamic University students with dual roles, namely studying and managing the household. This study used a descriptive-quantitative method using a sample of eight female students pursuing undergraduate education at a State Islamic University in West Java through a convenience sampling technique. Data collection techniques are through observation, interviews, and documents. At the same time, the data analysis technique uses a technique popularized by Miles and Huberman, namely data condensation, data display, and concluding. The study results show that it is challenging to discipline female students with multiple roles in time management. However, following the flow, adapting, dividing the time, and trying to do each of these roles well. However, the achievement can not be felt optimally. Therefore, it is sporadic for female students to have multiple roles in determining the management of their study time. As for trying to continue to design good learning time management, it will be able to discipline in moving forward and achieving predetermined goals.

Abstrak: Artikel ini bertujuan untuk mengungkap manajemen pembelajaran bagi mahasiswa Universitas Islam Negeri dengan peran ganda yaitu belajar dan mengurus rumah tangga. Metode dalam penelitian ini menggunakan metode deskriptif-kuantitatif dengan menggunakan sampel sebanyak delapan mahasiswa yang sedang menempuh pendidikan strata dua di salah satu Universitas Islam Negeri di Jawa Barat melalui teknik convenience sampling. Teknik pengumpulan data yaitu melalui observasi, wawancara, dan dokumen. Sedangkan teknik analisis data menggunakan teknik yang dipopulerkan oleh Miles dan Huberman yaitu kondensasi data, display data dan penarikan kesimpulan. Hasil penelitian menunjukkan bahwa sangat sulit untuk mampu mendisiplinkan diri mahasiswa dengan peran ganda dalam manajemen waktu. Namun dengan mengikuti alur, menyesuaikan diri, membagi waktu dan terus mencoba melakukan setiap pekerjaan peran ganda tersebut dengan baik. Walaupun pencapaiannya belum dapat dirasakan secara maksimal. Oleh karena itu, sangat jarang bagi mahasiswa peran ganda mampu menetapkan manajemen waktu belajarnya. Adapun mencoba terus merancang manajemen waktu belajar yang baik akan mampu mendisiplinkan dalam langkah dan mencapai tujuan yang sudah ditentukan sebelumnya.

Keywords: Learning Management, Female Student, Dual Roles, State Islamic University

INTRODUCTION

Modern life requires women to develop their potential, both through work and by continuing their studies to a higher level. This is without exception for women who are already married or married. So the position of women who work or choose to continue their education to a higher level has a dual role. There are at least three roles for women in modern times like today, namely as a wife, mother, and career woman. So the dual role of a woman requires her to carry out all of her roles optimally and in balance (Ramlafatma et al., 2020).

Women naturally have a duty as mothers to manage the household, including caring for their husbands and educating their sons and daughters. However, women also have a moral responsibility to create excellent and intelligent generations of the nation and state. This is also in line with the hadith of the Prophet Muhammad Saw. who say that women are the pillars of the State, if the women are good, then the country will be good, but conversely, if the women are damaged, then the country is also damaged.

So, to maximize women's dual roles, family and husband support is very important, reducing women's stress levels with these dual roles. Haekal and Fitri (2020), said that the higher the husband's support, the lower the stress of female lecturers (Haekal & Fitri, 2020).

The dual role of women is also found in many female students, both in *strata* one (scholar) and two (master), who are married and even have children and not infrequently already have a permanent job, for example, as a teacher or educator at school. Students who have such a dual role must be competent in dividing their time, apart from acting as a wife

and mother in their household, they are also required to be able to complete their educational obligations in tertiary institutions (Aulia & Rusmawati, 2020).

The dual role of women referred to in the interest of this scientific article is a woman as a student who is pursuing higher education as well as acting as a wife for her husband and a mother for her children in married life. Women with this dual role often give birth to study family conflicts if they do not develop a strategic plan for sharing their time wisely and with support from their families, including their husbands.

Greenhaus and Beutell (1985) define multiple-role conflict as a conflict between conflicting roles. This is reinforced by the opinion of Cooper and Makin (1984) multiple role conflicts are born because someone in a particular role is confused by the demands of something different from what he wants (Azkiyati, 2018). Then Jex and Britt said about the dimensions of the dual role conflict, the first is time-based conflict, namely conflict due to time used to fulfill one role that cannot be used for other roles, this can occur due to working hours, lecture hours or other activities. Second, strain-based conflict is a conflict that arises because the demands of one role interfere with the performance of other roles, which will create stress if not resolved wisely. Third, behavior-based conflict, namely conflict, arises when behavior is effective for one role but ineffective for another role (Jex & Britt, 2008).

Meanwhile, Alima's research in 2009 showed two factors in multiple role conflicts. The first is a factor that comes from within itself in the form of a problem that arises within itself, such as how to play the dual role properly. The two factors that arise from

outside themselves, such as from the family environment, as a wife and mother, for example, are the husband's expectations for his wife, who are only to take care of the household. Alternatively, problems arise in the lecture environment as a student pursuing higher education.

One solution to reduce the multiple role conflicts above is to time management. This time management, according to Santrock (2007), can help a person be more productive, provide balance and reduce the birth of stress (Santrock, 2012). This is also reinforced by the definition of time management by Wesfix (2016), which is used as a skill to realize plans effectively and efficiently (Wesfix, 2016).

Many previous researchers have not researched female students having dual roles. Among the scientific articles on female students with multiple roles that have been published in the first research conducted by Majesty Ayu Aulia and Diana Rusmawati with the title "Relationship Between Dual Role Conflict and Achievement Motivation in Female Students with Family in Jombang" in *Empati Journal* Volume 9 Number 1 (Aulia & Rusmawati, 2020). This study discusses the dual role conflict on achievement motivation in female students who are already married. Second, research conducted by Firsty Oktaria Grahani et al. with the title "Student Self-Regulation Literature Study with Multiple Roles related to Achievement Motivation" in the *Proceedings of the National Seminar and Call for Paper "Gender Mainstreaming and Social Inclusion for Sustainable Development"* Volume 9 Number 1 of 2022 (Grahani et al., 2022). This article is about the phenomenon of student self-regulation with multiple roles related to achievement motivation. Then the third research was conducted by Mar'atus Ratna Kurnia, titled "Dual Role Conflict and Conflict Management in Married Undergraduate Students" in the *Journal of Qualitative Research in Behavioral Sciences* Volume 2 Number 1 of 2021 (Kurnia et al.,

2021). This article discusses the causes of multiple role conflicts and the multiple role conflicts that are carried out. The four studies by Nur Khairiyah et al. with the title "Relationship of Multiple Roles with Stress in Nursing Study Program Student Study Assignments at Tribhuwana Tungadewi University Malang" which was published in the *Journal of Nursing News* Volume 2 Number 3 of 2017 (Khairiyah et al., 2017). The existing research above is undoubtedly different from the research the author is currently working on, namely regarding the learning management of female students with multiple roles at the Islamic State University.

So based on the description above, the formulation of the problem in this study is how to manage the learning of female students with multiple roles at the Islamic State University. At the same time, the research objective is to reveal the learning management of female students with multiple roles at the Islamic State University.

METHOD

This article uses a descriptive-quantitative research type. Descriptive-quantitative research aims to understand phenomena or events based on subject experiences, such as behavior, attitudes, and others. The form is, of course, a description of words and language (Moleong, 2000). This study used participants as many as eight female students who were pursuing undergraduate education at a State Islamic University in West Java through a convenience sampling technique. According to Uma Sekaran (2006), a convenience sampling technique is a collection of information from members of the population who agree to provide this information. The female students who were sampled were female students who were already married and had a profession, so they were qualified as female students who had multiple roles. This research uses primary data, which means that this research requires data or information from the first source,

namely informants. The data collection techniques are through observation, interviews, and documents. In contrast, the data analysis technique uses a technique popularized by Miles & Huberman: data condensation, data display, and conclusion drawing (Miles et al., 2014; Miles & Huberman, 1984).

RESULTS AND DISCUSSION

Female Students with Dual Roles

A female student, also called a female student, has a female gender and participates in lecture learning activities at a tertiary institution, both state and private tertiary institutions (Andriani, 2007). Female students are also crowned as female figures who have roles and responsibilities in developing scientific reasoning abilities. Female students are also part of a group of higher education academics who are officially registered to take part in learning in a higher education environment, which is usually vulnerable around the age of 18-30 years (Ariani, 2019). Female students are involved in the higher education environment and are obligated to take part in learning in it (Wulandari, 2017).

Based on that, female students are only limited to female students. Nevertheless, in general, female students are part of students in college. In an academic community, of course, female students have a role, and the main task is studying. Learning itself is interpreted as a process of changing behavior by increasing practice and experience (Indriyany & Sintesa, 2021). Learning can also be defined as an activity that uses the mind and is also carried out in an integrated manner to gain understanding, knowledge, and skills about social life, the universe, language phenomena, and also the development of the history of civilization. However, nowadays, at least

students are required to master about 14 kinds of skills, namely skills in reading, thinking, mastering languages, taking written notes, self-management, taking exams, managing time, conducting research or research, writing scientific papers, following lessons, writing the thesis, concentrating research and utilizing the media as well as the library in the development of knowledge (Aola, 2020). Therefore, students must be able to carry out learning activities as well as possible, which has implications for achievement, namely becoming the best graduate and having high quality and noble character.

As for formal, apart from learning, students also have responsibilities as part of the elements of the higher education academic community. Their responsibilities are collected in the Tri Dharma of Higher Education, namely: first, Education and Teaching. These two responsibilities are the main pillars of a student. Students are required to gain a breadth of knowledge that will become a provision for themselves as the nation's next generation with the primary goal of making Indonesia better and dignified and directed in realizing its aspirations as a sovereign country based on Pancasila and the 1945 Constitution. Therefore, students are required to learn. Nevertheless, there is a further responsibility, namely to continue the educational relay as a teacher and teach others with the knowledge he has mastered.

Second, Research and Development. In the second pillar, students are required to conduct research. Because without research, student education will be hampered and not even developed. Students, in this case, must be aware of and sensitive to the turmoil that occurs in society. Through research, the role of

science can be tested and proven even to be the best solution to address the problems faced by society. Third, community service. In the third pillar, students must majorly contribute to community life. Of course, this contribution must have a concrete character. This intends to implement the scientific practice, which is a solution to addressing society's problems. Seeing this, students should not be selfish and indifferent to society because the educational background in any form, both knowledge, majors, and faculties, must be used to meet society's general needs.

However, a student also has great potential and opportunity in its development. So it is inappropriate if a student is only concerned with his personal needs without significantly contributing to religion, nation, and state. Therefore, students have a duty not only to study but also to have their own space in the community environment and must be close and sensitive to the situations and conditions the community faces. These roles include (Pratiwi, 2021):

First, as Iron Stock. As with the practice of the first pillar, students must be able to become substitutes in the sense of being successors to the reins of leadership by filling various vacancies in a realistic environment. So that there is regeneration that can continue the relay of power. Second, as an agent of change. By filling the reins of power, students are required to be able to provide a change in the sense of changing something in their environment in the hope of providing a system and pattern of life that is in line with the expectations of the community as well as providing efficiency that is just and sustainable. Third is social control. Aside from being a successor who brings change, students

are also required to control the social environment around them. So that it does not become an overflow of turmoil that makes the community environment not conducive and significantly impacts the community's life in the future. Therefore, fourthly, students have a role as a moral force, namely, students are required to be able to maintain morals that have become the norm in society. So that when there is a change in norms that are not appropriate, the student's task is to make changes and realign the norms that have been in effect and accordance with society's expectations.

These roles, duties, and responsibilities apply to all male and female students. So that when students and female students have roles not only as students, they will have multiple roles. The dual role itself is two or more roles carrying out domestic and public roles which are carried out at the same time. For example, students who use their free time to work have two roles and responsibilities: studying and working. Likewise, a female student who is married has two roles, namely studying and taking care of household activities, as in the traditional view, the role of a woman in the household is *masak* (cooking), *macak* (preening), and *manak* (bearing children) so that his role is determined by his ability to manage the household (Affrida, 2017).

There is a desire for a female student to carry out a domestic role in the family environment, and also, a public role in the college environment can indeed cause role conflict for her, as the results of research conducted by Ruslina (2014) state that there is a significant influence between married women on the emergence of role conflicts, namely working and taking care of the

household (Ruslina, 2014). Likewise, the results of research conducted by Luluk (2015) state that a female student who is married will have a domestic and public role that is vulnerable to conflicts between roles (Hidayat, 2015). The additional dual roles that female students have can occur in two conditions, namely, a married woman continuing her education as a student will have an additional role. Besides having to take care of the household, she also has to study. On the other hand, for a female student who is still studying but decides to get married, she will have an additional double role, besides having to study she also has to take care of the household.

The choice of multiple roles due to his continuing his studies after marriage or when he decided to marry in college was influenced by his motivation. According to the PAD, the student of the Postgraduate Islamic Economic Law Masters Program at UIN Sunan Gunung Djati Bandung was motivated to continue his studies when he was already three-headed: to seek knowledge because seeking knowledge is our duty in seeking the truth. Moreover, the demands of his job that required him to understand more about the major he was taking now made him enthusiastic about continuing to learn and developing his knowledge (PAD, 2023).

Likewise, the results of an interview with RN Student Masters in Islamic Education Management (MPI) Postgraduate UIN Sunan Gunung Djati Bandung showed that his biggest motivation for continuing lectures is wanting to study education in order to understand the latest educational issues that can be used in managing their children's education. Apart from that, his biggest motivation is also wanting to expand his

network and wanting to be able to work in developing the world of education in Indonesia (RN, 2023).

This is also similar to the APR for Master of Islamic Economic Law students and AN for students of the Master of Al-Qur'an and Postgraduate Interpretation of UIN Sunan Gunung Djati Bandung. Her biggest motivation to continue her education is to be the best teacher for her children. Moreover, according to him, the mother is the first educational institution for her child, so it is appropriate to continue to upgrade and develop knowledge as a provision for that. As for him, supporting a promising career is just a bonus (AN, 2023; APR, 2023).

SSP Student Master of Islamic Religious Education also added that being an educated wife and mother is essential in a household in terms of parenting, intelligence that is passed on to children, and many other things that need the role of a great mother (SSP, 2023).

Meanwhile, according to IA Student Master of Al-Qur'an and Interpretation, GM Student Master of Law in Islamic Economics and YM Student Master of Islamic Economics Postgraduate UIN Sunan Gunung Djati Bandung. Her biggest motivation to continue studying after marriage is to add scientific insight, look for relationships, and eliminate boredom (GM, 2023; IA, 2023; YM, 2023).

Table 1. List of Informants

No.	Student name	Student name	Motivation
1.	APR	Islamic Economic Law	1. Adding insight 2. Become a Teacher for Children 3. Adding Relationships 4. Career
2.	AN	The Science of the Qur'an and Interpretation	
3.	GM	Islamic Economic Law	
4.	IA	The Science of the Qur'an and Interpretation	
5.	PAD	Islamic Economic Law	
6.	RN	Management of Islamic Education	
7.	SSP	Islamic Education	

Based on that, being a student, married, and even having children makes them have a dual role, namely studying and managing the household. However, because learning makes them have multiple roles, as a result, they decide to continue their studies to a higher level. Moreover, the decision to choose came from his big motivation, which is expected to impact his family, especially his children's education. High motivation to learn is a driving force for someone to do something, which in the end, that person can undergo and even become an expert in the field of knowledge he is engaged. Because someone cannot want to try to learn something as much as possible if he does not have great motivation and benefits from what he is fighting for now (Syardiansah, 2016) through this great motivation, whatever dual role conflicts that will occur in the future will be able to be faced with complete confidence

through decision choices that prioritize one of the multiple roles that must be carried out. In principle, the additional role (study) in the campus environment will only run during the study period, while the domestic role towards the family will last throughout his life. Therefore, family support is one factor in how these female students can face and get through everything.

Challenges and Opportunities for Students with Dual Roles in Learning

Students have duties, roles, and responsibilities that must be carried out. However, student activities do not always run smoothly in carrying out their duties, roles, and responsibilities in learning. Various factors cause problems for students, one of which is social factors. This factor is interpreted as a condition that harms many people and must be handled in a massive and

integrated manner. Meanwhile, according to Steinberg, quoted by Na'imah (2016), there are two categories in dividing social problems faced by students, namely (Na'imah et al., 2016): First, externalization disorder, namely an individual who has social problems in the outside environment that shows behavioral problems. Such as students who are often bullied, discriminated against by gender, and even have family conflicts that befall them. Second, is internalization disorder, an individual with problems with himself that result in emotional suffering and dire situations. Like, as feeling excessive anxiety, committing suicide, and even abusing banned substances that make him mentally disturbed.

As for female students who decide to get married or are married and continue their studies, of course, they will be given multiple responsibilities/roles, namely roles, and responsibilities in studying and managing the household. Various aspects of life within the scope of the household can be a motivation and even a separate obstacle for female students in completing their studies at tertiary institutions. This is related to academic burdens and responsibilities which affect several aspects of running lectures, namely (Habibahi et al., 2012):

a) Relating to discipline. Accuracy in entering college makes female students often come late because they have to take care of their families before leaving and coming to campus; b) Relating to the frequency of attendance. Being frequently late will undoubtedly affect the frequency of attendance, especially for lecturers who have strict rules in applying discipline. Apart from that, maternity leave was also an inhibiting factor in completing studies for these female students; c) Related to

task completion. As a student with a dual role, namely studying and caring for the household, she feels hampered in completing assignments. Both independent assignments and group assignments are usually often present when discussing work on group assignments; d) Related to activeness in the organization. Students after status as a wife in the framework of marriage, of course, will not be active in organizations. This is due to the limited space for activity and interaction as well as the many roles and responsibilities that make them do not have time to think about and participate in self-development within the organization; e) Relating to the achievement index. Concerning their achievement index, female students who are married can be compared with themselves before marriage. Usually, the grade point average for married students continuously decreases due to their lack of maximum learning and others.

Related to the influence above, academic problems become a different obstacle for female students in planning and maximizing their learning potential. This is following Nurihsan's opinion in Nur Latifah's thesis (2013) that there are several problems faced by married female students in their studies, including (Latifah, 2013): First, female students find it challenging to arrange learning hours or schedules that are adjusted to the many demands in lecture activities and other student activities. Moreover, dividing her time to care for the household makes female students experience multiple role conflicts. Second, female students find it difficult to do lecture assignments such as writing papers, research reports, and final assignments. Third, the consequences of these two problems make

female students less motivated and have high learning enthusiasm.

In addition, according to Pujosuwarno, quoted by Nur Latifah (2013), what is often discussed is related to relationships and interactions, intimacy, cooperation, and harmony among family members. Problems often occur when a husband feels uncomfortable with his wife because of his lack of service due to his divided priorities. So that it often causes strife due to minor problems that grow into big ones (Latifah, 2013).

Based on the results of interviews with informants, there are obstacles faced by them in carrying out their dual roles as wives and also as a student, including:

Informant 1

APR said that he felt constrained by dividing his time between taking care of household activities and sundries related to lecture learning. So it becomes a burden for him. So that dividing time for him becomes a challenge and opportunity, how can this dual role be carried out as best as possible (APR, 2023).

Informant 2

AN said he felt constrained with time in doing college assignments and piling up household activities. The biggest challenge is time, especially when traveling to campus from where he lives in Jakarta to Bandung makes it a challenge in itself. Nevertheless, with all that, he felt not burdened because it had become a choice that must be made. What needs to be done for him is to adjust to all the activities that make him have this dual role (AN, 2023).

Informant 3

GM said managing his time was the obstacle he faced after continuing his studies. So time management for him is a challenge that must be faced. The heaviest burden for him is when he has to share his final assignment guidance time, working hours as a teacher, piling up household activities, and a sick child (GM, 2023).

Informant 4

IA said that the obstacles he faced were related to feeling tired and even emotional due to the frequently changing class schedules plus the time to do short course assignments. As for the challenges he faces, he often feels bored with the multiple roles he has to play. However, he could get through and continue to live it until his study period was over (IA, 2023).

Informant 5

PAD said that the obstacles faced when deciding to continue studying were related to allocating time to carry out all college activities, working time, and caring for the house. So dividing time between work, college, and obligations as a mother to her three children is challenging for her. Nevertheless, with all that, he felt unburdened and tried to adjust to being able to live it as best he could (PAD, 2023).

Informant 6

RN said that he felt constrained regarding time management, especially when his child or husband was sick with college obligations that required him to go to campus. A particular challenge for him is related to financial problems that must be adequately managed between housing needs and research needs when college assignments and final assignments are in progress. As for himself, he feels burdened when it comes to domestic

household problems such as cooking, cleaning the house, and others (RN, 2023).

Informant 7

YM said that he felt constrained when deciding to continue studying was related to allocating extra time, especially when the child was sick, and the college assignments were piling up and even being chased by deadlines. So dividing time and sharing emotions becomes a challenge in itself to perform these dual roles as well and as fully as possible (YM, 2023).

Informant 8

SSP said that he faced an obstacle when he had to leave his infant son due to going to college outside the city where he lived. That made his heart unable to retreat, even though

he was left alone for a day or two. Apart from that, the time for rest is reduced because of conflicts between home obligations and college assignments that require them to be on time. His biggest challenge is going back and forth from Subang to Bandung, leaving at half past four in the morning and returning home at 9/10 at night. In addition, they must share their time as much as possible to care for young children, take care of homework and college assignments, and work as a teacher at school. While the heaviest burden for him is when many tasks must be completed, and he still has to care for children, his body and mind are no longer strong, and he wants to rest (SSP, 2023).

Table 2. List of Informants

No.	Student Name	Major	Constraint
1.	APR	Islamic Economic Law	Split time
2.	AN	The Science of the Qur'an and Interpretation	
3.	GM	Islamic Economic Law	
4.	IA	The Science of the Qur'an and Interpretation	
5.	PAD	Islamic Economic Law	
6.	RN	Management of Islamic Education	
7.	SSP	Islamic Education	
8.	YM	Islamic Economic	

Dividing time is a problem faced by many female students with multiple roles. Apart from having to share time with family, they

also have to share time to study and do college assignments. Multiple role conflicts that often occur are in homework and also in doing

assignments. Apart from that, the dual role conflict that often occurs is leaving young children or those sick with college activities on campus. This has a psychological impact on female students, so they have to make them think and try and develop strategies to minimize the negative impact by trying to find the best solution in dealing with everything. Apart from that, support and cooperation in sharing time with husband and family are one of the solutions in terms of time management. So that relationships and interactions are maintained even all double burdens can be faced and passed as well and as much as possible.

Managing time management is not easy, but it is an excellent opportunity for a female student with many roles for which she is responsible. If he can do everything, he can even maintain and maintain his academic achievements. It is a matter of pride for himself and even for his family. Apart from that, her biggest motivation is to become a mother and the first madrasah in her children's education to be achieved correctly and in line with expectations.

Strategies for Surviving Female Students at the State Islamic University

Married female students have a dual role, namely carrying out tasks related to the household with the obligation to study and take part in lecture activities. It is impossible for this dual role to be carried out as well and as fully as possible, if a female student does not have a strategy for carrying out this dual role. In general, strategy is interpreted as a technique or method used in order to achieve the expected goals (Fatimah & Kartikasari, 2018). The strategy referred to in this case is a

learning strategy with time management which is divided between doing learning or doing household activities according to the priority. The learning strategy itself is interpreted as a method that becomes a guideline in acting to achieve the expected goals or tips for making the most of the resources we have to achieve the goals that have been set (Asrori, 2013).

According to Fatimah and Sari (2018), there are three elements of a learning strategy: First, a student must be able to set specifications and qualifications for behavior change. The purpose of learning has always been the primary reference in the framework of compiling and designing learning activities. Therefore, before carrying out learning, a student must determine the goals for his learning so that the steps taken become structured and lead to the goals that have been set and want to be achieved. Second, a student must determine the learning approach. This second element is an element of steps that are determined, selected, and considered as the most effective, most targeted, and most effective and efficient path in achieving the expected goals. Third, students must choose and determine methods, techniques, and learning procedures. This third element is the most important in executing learning strategies by paying attention to speed and accuracy in achieving goals. Therefore, it is necessary to evaluate the strategies carried out to balance applying techniques and methods of effective learning strategies (Fatimah & Kartikasari, 2018).

Therefore, in carrying out the dual roles she faces, a female student at the State Islamic University must have a strategy as a reference for her to be able and able to survive, adapt and achieve the goals she expects. Indirectly,

in such conditions, female students must have self-management. Self-management is an individual's skill in managing all the elements he has in controlling his abilities to achieve good things in self-development from various elements to be perfect. In addition, self-management can be interpreted as a person's ability to be able to put himself away from everything in his life regularly, both related to the use of time, choices, interests, and talents as well as activities in his physical and mental balance (Rosida, 2021).

As explained earlier, the constraints and challenges female students face with the multiple roles surrounding them are related to time management, which needs to be managed, utilized, and adapted to their ability to carry out all these activities. Therefore, each female student has her strategy that is implemented to survive until she reaches her desired goal. The strategies and steps taken by the informants included:

Informant 1

APR said she had a specific strategy to survive until now, namely managing effective time management and being able to do it. The steps taken in dividing the time and agreed with her husband are weekdays (Monday-Thursday) for work, Friday-Saturday (focus on studying), and Sundays specifically for the family (APR, 2023).

Informant 2

AN said that he consistently applied a severe and relaxed strategy. All the multiple roles he faces not become a burden are to do it according to his abilities. Because all that is a choice that has been taken, he will live with the consequences or impact of all that. So the steps taken in dividing the time are scheduling between studying and doing assignments with

time to do household activities. In addition, they are not focused on a predetermined schedule but must see the more important priorities of the two dual roles so that those that are more urgent will be carried out first from those that are not urgent (AN, 2023).

Informant 3

GM said that the strategy adopted was to carry out these dual roles one by one with complete sincerity so that it is worth worshipping and sharing tasks with husbands and other family members. The applied steps are taking free time to study and participate in all lecture activities and sharing tasks with husbands, in terms of looking after children or even helping himself complete his college assignments (GM, 2023).

Informant 4

IA said that the strategy adopted was to divide the time as much as possible, namely through a pattern of taking care of the family in the morning and afternoon, carrying out organizational activities in the afternoon, and doing college assignments in the evening. The steps taken, especially in learning, are to increase discussions with friends and maximize two days of lectures to do college assignments (IA, 2023).

Informant 5

PAD said that he has a particular strategy for carrying out this dual role, which is to maximize the time he has made between time for family, work, and also time for college. Because all of these have become choices that have been taken, committing to being able to carry out all of these activities is a step that continues to be taken to achieve the expected goals (PAD, 2023).

Informant 6

RN said that his strategy was to try as much as possible to do any work that has divided his time between studying, doing assignments, and home activities. Even if you do not have high expectations for the work to be done. Therefore, the steps taken are to make a priority scale order between the multiple roles that must be completed and set aside work that is considered unnecessary and can be done in other free time. Apart from that, specifically on Thursday, the main focus is completing assignments, and before Friday and Saturday, do learning in class (RN, 2023).

Informant 7

YM said that her strategy so that she was able to survive was to ask for help from her husband and family members in terms of dividing time and sharing tasks. His steps are sharing tasks with his husband or family in looking after the children and maximizing time for doing chores and housework when the child sleeps (YM, 2023).

Informant 8

SSP said that the strategy implemented so that they can survive is to make the best use of time, never give up, be enthusiastic, pray, and also have to be consistent to be able to survive and go through everything. In addition, maintaining physical and mental health is one of the keys to carrying out the multiple tasks and roles it faces. So the steps taken are to make a priority scale by looking at the more critical urgency of the work being done. So that work with a higher priority will be done first than work that can be done later. All the multiple roles he carries out can be adequately completed by maximizing all time and work priorities, even though they are not maximized (SSP, 2023).

Based on that, devising a strategy for dividing time is part of self-adjustment to the multiple roles that become a burden that must be carried out. Without developing this strategy, everything will have a negative impact on him, his studies, and even his family. The priority scale in doing work by prioritizing what is more important is the best way to carry out these two dual roles. Moreover, all steps and times are scheduled and predetermined. Consistent attitude, not giving up quickly, and always enthusiasm are the principal capital in carrying out its dual roles. Support from the husband and family is a stimulus to survive and reduce negative things due to a lack of cooperation between the two (husband and wife), which can cause family problems. Carrying out two roles simultaneously is difficult, but good time management is critical to achieving the expected goals.

Learning Management of Female Students with Dual Roles at State Islamic University

Good study time management is the best way to carry out a married female student's dual roles. Study time management itself is defined as an act in the form of a process of planning and exercising conscious self-control over the amount of time that will be used to carry out learning activities. It is difficult to manage and make the best use of time, so specific skills are required. However, productively optimizing time is essential because time and learning are integrated into achieving the expected goals (Fajhriani. N, 2020).

Therefore, time management has a massive role in a person's achievement, especially for students. So that students who do not have

good time management are always characterized by disorganized planning, unclear steps, inconsistent and no goals, and lack of discipline in utilizing time. Therefore, how will he achieve the expected goals if he does not have good study time management. Time management in learning will be able to discipline himself in doing something he has designed. Learning motivation is also a determining factor in managing their study time. Because success in achieving goals and increasing a student's learning achievement is to manage learning motivation so that the interest in learning becomes high. This interest in learning drives students to carry out learning activities effectively and efficiently (Nurrahmaniah, 2019).

Nevertheless, in practice, the management of study time between one individual and another or between one student and another differs according to mindset, goals, motivation, and comfort in learning behavior. So that the learning time and form of learning will experience differences. However, according to Imam Al-Khatib Al-Baghdadi in the opening of the book *Al-Majmu Syarah Al-Muhadzdzab* quoted by Dyla Fajhriani (2020), recommends that there are several excellent and conducive study times for students of knowledge, namely carried out at dawn, in the morning and learn in a state of hunger (fasting) (Fajhriani. N, 2020).

As for the results of interviews with informants, the management of study time they have is very varied, including:

First, APR, GM and PAD specifically do not have study time management, but only follow the flow and also free time in studying and doing assignments and other lecture activities. So that with the management of

study time that has not been formed, they say that they are not maximal in learning, especially with added work assignments as managers (APR and PAD) and teachers (GM) so that their study time management is not directed and in accordance with what is expected (APR, 2023; GM, 2023; PAD, 2023).

Second, for AN. Specifically, study time management has been done by dividing time into several days for study priorities and other activities. So that with the study time management, he already feels optimal in carrying out all the multiple roles well. The primary key is to be consistent, never give up, and always be enthusiastic (AN, 2023).

Third, for IA. Study time management is done by disciplining yourself to read and open your laptop daily for at least two hours, whether there are assignments or not, without making a specific schedule. That is, in that one day, whenever it is done by looking at the work of the others as well. As for the management of study time, for him, it is still not optimal, especially when he often completes assignments on deadlines and needs adjustments for himself due to the vulnerability of continuing his studies so far from graduating from college at the other stratum level so that there are lots of changes (IA, 2023).

Fourth, For RN. The study time management has not been well structured, moreover, the first semester courses still need to be adjusted. Even so, their learning achievement is quite good, and it is just that they find it difficult to do assignments in the form of journal articles. So they feel dissatisfied and must try to design good study time management (RN, 2023).

Fifth, for YM. Study time management is done during lectures and at night to do assignments. So it is not optimal, moreover, sometimes, there are family events that interfere with his time to study (YM, 2023).

Sixth, for SSP and YM. Study time management is carried out by prioritizing time to study at night or during the day by looking at the level of importance. Like when an assignment must be collected immediately, then studying at night or during the day by stealing time for other activities is often done. As for the management of study time, he feels that he has maximized the achievement of increasing his academic achievement, tasks that are always done optimally, organizing walks, and writing lots of articles as a form of mini-research in carrying out one of the tri dharma of higher education, namely research (SSP, 2023; YM, 2023).

Based on that, it is not easy for a married female student to have multiple roles to play in designing and determining the management of her study time. Meanwhile, there is asynchronous if you look at the learning time's strategies, steps, and management. It can be seen when you already have a strategy and the steps taken, then in determining and designing learning time management to achieve the goals will be well-formed. Nevertheless, most female students follow the flow, adapt, and divide the time as best as possible to fulfill their duties and responsibilities in these dual roles. According to the author, this is part of the nature of study time management, especially for married female students. Although most of them still feel that they are not optimal in disciplining themselves to realize the study time management they have arranged. However, by trying to survive and

adapt to running it, they can get through and carry out all of these dual roles to the fullest. Therefore, by planning, managing, and adapting to various things, good study time management will be able to discipline oneself to achieve the expected goals.

CONCLUSION

Based on the discussion above, learning management for students at State Islamic Universities with dual roles, namely studying and also taking care of the household, is challenging to form to be able to discipline themselves in allocating their time. However, by following the flow, adapting, dividing the time, and continuing to try to do each of these two jobs. This is a form of study time management for female students with multiple roles. However, the achievement can not be felt optimally. Therefore, it is scarce for them to determine the management of their study time, especially with their many roles. As for trying to continue to design good learning time management, they will be able to discipline themselves in taking steps and achieving predetermined goals.

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